

Silverline

TATTOO

& body piercing

Professional Body Piercing by Beth & Jenn



152 Rideau Street

613-231-5110

Facial, Ear & Nose Piercing Aftercare

Always wash your hands before you touch the piercing or its area.

Wash your piercing 2-3 times a day in the shower/bath or sink with soap for the first month.

Spread these cleanings out over the day. Make sure to include mornings and bedtime. After one month, clean your piercing at least once a day for at least another month.

Clean all dry, crusted matter off the jewelry before you move it. This dry matter is composed of dried white blood cells which your body uses to fight bacteria. To remove this dried matter, you may soak the jewelry in warm water before you move it. If you do not take the time to do so, the dried matter can scratch and/or re-open the piercing.

Use a mild soap like Tattoo Goo Soap, Spectro gel, Neutrogena, Dove, Ivory, pHisoDerm or any mild face soap you're familiar with. Lather the soap on the piercing area using clean hands. Turn the jewelry

so that what was inside the piercing is now outside. Wash this part of the jewelry and turn it back. Rinse the piercing thoroughly using clean water in the same manner as it was washed, taking care to remove all the soap. Allow the piercing and jewelry to air dry.

If you have previously used Bactine for piercing and it works for you, do this again.

DO NOT touch the piercing or ring again until the next time it is washed. ONLY touch a fresh piercing with clean hands. Do not turn a piercing unless it is being washed.

Things To Do

- Keep your new piercing clean and follow the instructions given.
- Do be careful with your new piercing. Bumps and bangs can do damage to the healing tissue and possibly offset the piercing or cause bumps.

- Take care to remove dry matter from the jewelry by soaking it before moving it.
- Check the balls on your piercing to ensure they are tight when you wash them.
- Eat healthy while trying to heal a piercing, even if you find it difficult to do so having received an oral piercing (tongue, lip, etc.).

Things Not To Do

- Do NOT use alcohol, peroxide, iodine, aloe vera or Band-Aids. These products are too harsh for a fresh piercing, they can harm your healing skin cells and slow healing.
- Do NOT touch your new piercing with dirty hands or let anyone else.
- Do NOT use Polysporin or other ointments. If your piercing is not infected these products will only hinder healing.
- Do NOT wear clothes that will not allow your piercing to “breathe”.
- Do NOT allow oral contact with the piercing. Yes, that is right, mouths are dirty.
- Do NOT ever remove the jewelry unless you want to make the removal permanent! Even if it looks infected, call us first. If you think you have had the piercing long enough to take it in and out, call us before even thinking about removing it. (After years some piercings can close very quickly without the jewelry holding the piercing in place.)
- Do NOT put SILVER JEWELRY in a HEALING NOSE or CARTILAGE piercing for at least the first year. This can leave an unattractive, permanent grey mark on the skin in or even around the piercing which will persist even if the piercing is removed, closes and heals over.
- Do NOT have a piercing done if you are stressed out, ill or on antibiotics. Your piercing could take longer to heal and suffer more complications.

What to Expect from Your Healing Piercing

Sometimes a piercing may look infected but is not actually infected. This is an “inflammatory response”. These are small red, slightly swollen areas that occur around pierced areas occasionally during the healing process. There can also be a white discharge with slight itchiness and mild discomfort. These annoyances can all be part of the healing process and do not necessarily mean your piercing is infected.

Infection is always possible, but not typical. Bacteria are introduced by excessive handling, dirt and/or sweat—these are some of the ways bacteria can get into a piercing.

Signs of Infection

The entire area is hot, sore, extremely itchy and/or excreting greenish discharge.

If you get an infection, the first thing to do is to relax. Getting upset can only make things worse. Call us or come in, we can usually help. If not, we would be more than happy to work with a physician to help make it better. This does not have to be the end of your piercing.

How Long Until My Piercing is Healed?

The average healing time for most piercings is well over 4-6 months. Cartilage piercings can take over a year sometimes. Do not become discouraged. This does not mean that your piercing will act up the entire time, it just means be careful with it. It is recommended that professional piercers should be the only one to handle any type of jewelry removal or change until the piercing is fully healed.

We recommend a check-up visit within 2-3 weeks after your piercing. We are always happy to help you with any healing issues that may arise at anytime.